

Ballington Academy May 2024 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

06

Breakfast
 W Breakfast Cereal of the Day
 Apple
 Milk
Lunch
 W Natural Chicken Tenders
 Cream Corn
 Pear
 Milk
P.M. Snack
 W Homemade Brazilian Cheese and Coconut Stick

13

Breakfast
 W Breakfast Cereal of the Day
 Apple
 Milk
Lunch
 W Natural Chicken Tenders
 Corn
 Orange
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Home Baked Crackers

20

Breakfast
 W Breakfast Cereal of the Day
 Apple
 Milk
Lunch
 W Natural Chicken Tenders
 Corn
 Orange
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Home Baked Crackers

27

Closed

07

Breakfast
 W Home Baked Classic Banana Muffin
 Orange
 Milk
Lunch
 W Cheesiest Pizza
 Black Beans
 Chefables Seasonal Fruit
 Milk
P.M. Snack
 W Pumpkin Seed & Coconut Biscuit

14

Breakfast
 W Home Baked Pineapple Muffin
 Orange
 Milk
Lunch
 W Turkey Spaghetti Bolognese
 Refried Beans
 Apple
 Milk
P.M. Snack
 W Home Baked Delimanjoo
 Chefables Banana "Chips" (Dried Banana Slices)

21

Breakfast
 W Home Baked Breakfast Bread of the Day
 Orange
 Milk
Lunch
 W BBQ Chicken & Brown Rice
 Refried Beans
 Apple
 Milk
P.M. Snack
 W Home Baked Delimanjoo
 Chefables Banana "Chips" (Dried Banana Slices)

28

Breakfast
 W Breakfast Cereal of the Day
 Orange
 Milk
Lunch
 W **NEW** Green Chicken Tamale
 Brown Rice, Beans and Corn
 Apple
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 Chefables Banana "Chips" (Dried Banana Slices)

01

Breakfast
 W Home Baked Breakfast Bread of the Day
 Apple
 Milk
Lunch
 W **V** Cheese Sandwich on Fresh Chibatta
 Broccoli Slaw
 Pear
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Home Baked Crackers

08

Breakfast
 W Home Baked Classic Banana Breakfast Bread
 Apple
 Milk
Lunch
 W Chefables Sub Sandwich
 Broccoli Slaw
 Pear
 Milk
P.M. Snack
 W Homemade Brazilian Cheese and Coconut Stick

15

Breakfast
 W Home Baked Banana Oat Breakfast Bread
 Apple
 Milk
Lunch
 W Cold Orzo Chicken Pasta Salad
 Broccoli Slaw
 Pear
 Milk
P.M. Snack
 W Homemade Brazilian Cheese and Coconut Stick

22

Breakfast
 W Home Baked Lemon Poppy Seed Breakfast Coquille
 Apple
 Milk
Lunch
 W Turkey Sandwich on Fresh Chibatta
 Broccoli Slaw
 Pear
 Milk
P.M. Snack
 W Pumpkin Seed & Coconut Biscuit

29

Breakfast
 W Home Baked Schnecken Muffin
 Apple
 Milk
Lunch
 W **NEW** Franks Red Hot Buffalo
 Chicken Burrito
 Refried Beans
 Pear
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Home Baked Crackers

02

Breakfast
 W Home Baked Buttermilk Pancakes
 Orange
 Milk
Lunch
 W Classic Chicken Sandwich on Honey WG Bun
 Bagged Roasted Edamame
 Apple
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Yummy Chefables Rolled Oats Cereal

09

Breakfast
 W Home Baked Whole Grain 50/50 Waffles
 Orange
 Milk
Lunch
 W All Beef HOT DOG on Honey WG Bun
 Bagged Roasted Edamame
 Apple
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Yummy Chefables Rolled Oats Cereal

16

Breakfast
 W Home Baked Muffin of the day
 Orange
 Milk
Lunch
 W **V** Cheese & Bean Burrito
 Roasted Carrots
 Chefables Seasonal Fruit
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Home Baked Mini Muffin

23

Breakfast
 W Home Baked Lemon Ricotta Pancakes
 Apple
 Milk
Lunch
 W **NEW** Chefables Turkey Pepperoni Pizza PUFF
 Roasted Carrots
 Orange
 Milk
P.M. Snack
 W Homemade Brazilian Cheese and Coconut Stick

30

Breakfast
 W Home Baked Banana Cacao Breakfast Bread
 Orange
 Milk
Lunch
 W **NEW** Chicken, Butter Noodles & Parmesan Cheese
 Tater Tots
 Chefables Seasonal Fruit
 Milk
P.M. Snack
 W Homemade Brazilian Cheese and Coconut Stick

03

Breakfast
 W **NEW** Home Baked Pineapple Breakfast Square
 Apple
 Milk
Lunch
 W **V** Bean and Cheese Pupasas
 Chefables Spinach
 Pear
 Milk
P.M. Snack
 W Homemade Soft Pizza Pretzel Stick
 Chefables Banana "Chips" (Dried Banana Slices)

10

Breakfast
 W Breakfast Cereal of the Day
 Apple
 Milk
Lunch
 W Turkey Sausage Roll
 Tater Tots
 Pear
 Milk
P.M. Snack
 Chefables Very Own Cheese Sticks
 W Homemade "POP" Rice

17

Breakfast
 W Soft Cream Cheese Stuffed Bagel Bite
 Apple
 Milk
Lunch
 W Chefables Sub Sandwich
 Baby Carrots
 Chefables Seasonal Fruit
 Milk
P.M. Snack
 W Homemade "POP" Rice
 Chefables Banana "Chips" (Dried Banana Slices)

24

Breakfast
 W Over Night Oats - Cup
 Orange
 Milk
Lunch
 W Chefables Sub Sandwich
 Baby Carrots
 Apple
 Milk
P.M. Snack
 W Homemade "POP" Rice
 Chefables Banana "Chips" (Dried Banana Slices)

31

Breakfast
 W Home Baked Muffin of the day
 Orange
 Milk
Lunch
 W Cold Caesar Chicken & Pasta Salad
 Broccoli Slaw
 Apple
 Milk
P.M. Snack
 W Homemade Soft Pizza Pretzel Stick
 Chefables Banana "Chips" (Dried Banana Slices)

Notes

- Chefables reserves the right to substitute stated menu items if it becomes unavailable in the market or due to unforeseen circumstances.
- This institution is an equal opportunity provider.
- Lowfat (1% milk or non-fat milk offered/served at ALL breakfast, and Lunch meals. All Milk served is rBST-free.



Just some of the vegetables this month: Artichoke arugula Asian greens asparagus avocado beets bok choy broccoli rabe Brussels sprouts cabbage carrots cauliflower chard celery collard kale leeks lettuce mushrooms mustard onion parsnips peas potatoes radicchio radishes rutabagas scallions spinach sunchokes squash (winter) tomato turnips Bell pepper cucumber green beans (chile) shallots



Just some of the fruits this month: *Apple Asian pear cherimoyas cherries dates grapefruit kumquat lemon limes mandarin oranges pomelos rhubarb strawberry Apples apricot blackberry blueberry kiwi loquats mandarins nectarines peaches pears plums pluots raspberries*

NEW = New menu offering **W** = Whole Grain Rich **V** = Vegetarian Menu Option